

**Sunday, November 14,  
2010**



**Sponsored by**



**Recreational & School Divisions**

**Professional and Non-Bias Judges**

**Registration Fee:**

\$12.00 Per Cheerleader

**\*\*REGISTRATION DUE BY NOVEMBER 7th, 2010\*\***

Contact: Josh Neff, 576-9800 - Registration forms can be faxed to 576-9802

***Make checks payable to: CIA OF CINCY***

**Awards**

Every Participant - Special Awards - Cash for Grand Champs

**\*\*\*Aired on Time Warner Cable\*\*\***

**Entrance Fee:**

\$5.00 Parents ~ \$3.00 Student ~ 5 and Under Free

~ The Ultimate "Fun Zone" will be onsite and open to all ages ~



*Cash prizes awarded to the divisions with four or more teams registered by registration deadline.*



**- Registration Form -**

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**School/Gym/Studio Name**

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**Street Address**

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**City**

**State**

**Zip Code**

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**Telephone**

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**Fax**

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**Coach/Director** *(all correspondence will be forwarded to the address of the Coach/Director)*

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**Street Address**

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**City**

**State**

**Zip Code**

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**Coach/Director Telephone (Daytime)**

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**Coach/Director Telephone (Evening)**

**Coach/Director E-mail Address**

**\*\*REGISTRATION DUE NO LATER THAN NOVEMBER 7TH\*\***

Fax: 513-576-9802 or Mail: 568 Old State Rt. 74, Cincy, OH 45244

Cheer and Dance Age Division				Divisions			
Recreational	#	School	#	Cheer		Dance	#
<input type="checkbox"/>	5-6 Yrs	<input type="checkbox"/>	Jr. High	<input type="checkbox"/>	Mount	<input type="checkbox"/>	Hip Hop
<input type="checkbox"/>	7-8 Yrs	<input type="checkbox"/>	Freshman	<input type="checkbox"/>	Non-Mount	<input type="checkbox"/>	Jazz
<input type="checkbox"/>	9-10 Yrs	<input type="checkbox"/>	Varsity	<input type="checkbox"/>	Select	<input type="checkbox"/>	Pomp
<input type="checkbox"/>	11-12 Yrs						
Payable to: CIA of Cincy				Specify Each Division			

**Entry Fee \$12.00**



## Rules and Regulations

Other than the rules listed below, all cheerleaders, coaches & coordinators must abide by the rules and regulations as set forth by the Ohio High School Athletic Association Rules and the IASF Rules.

- 1 A completed registration packet for each team, which will include but is not limited to: registration form, team waiver/release, will be required at the time of registration along with full payment. Packets will be provided to each squad once the squad registration form is received.
- 2 Participation in the Recreational divisions will be determined by the average age of the squad members at the time of the event.
- 3 During the competition, there will be designated areas for cheerleaders, coaches, team moms and coordinators. NO ONE else will be permitted in this area. This is for the safety of the participants. This rule will be strictly enforced.
- 4 Mounts & Pyramids: All squads must abide by rule 10.1.1 and 10.1.2 of the OHSAA Sports regulations, which reads as follows: 10.1.1 Pyramids & mounts by cheerleaders are prohibited. Individuals may not stand on another's shoulders or support another individual in any type of mount. 10.1.2. Mini trampolines are prohibited.
- 5 Recreational Squads - Gymnastics is permitted on the ground level only . Both feet must be on the floor at the beginning and end of the trick, with the exception of going into the splits. All front and back tumbling skills are legal and should be performed safely. Tumbling with a prop is prohibited. Knee drops and dive rolls are prohibited.
- 6 All routines (CHEER AND DANCE) will not be less than 2 minutes but will not exceed 5 minutes. Time will start with the first coordinated movement or 1st beat of music.
- 7 Good sportsmanship must be observed. Taunting and/or harassment of any kind will not be tolerated. Violation of this may result in immediate ejection of the individual or in the disqualification of the squad. This will be determined on a case by case basis by the competition staff. Good sportsmanship is expected and there will be NO REFUNDS.
- 8 Cash prizes will be awarded to those Divisions with four or more teams registered by the registration deadline.
- 9 CIA of Cincy reserves the right to change, combine, divide or cancel divisions.
- 10 All scores will be verified by a certified public accountant for fairness and accuracy.
- 11 Coaches must require Proficiency before skill progression. Coaches must consider the athlete, group and team skill with regard to proper performance level placement.
- 12 All teams, coaches and directors must have an emergency response plan in the event of an emergency.
- 13 Athletes and coaches may not be under the influence of alcohol, narcotics, performance enhancing substances or over-the-counter medications while participating in a practice or performance that would hinder the ability to supervise or execute skills safely.
- 14 Athletes MUST always practice and perform on an approved surface. No Tumbling or Stunting off the matted surface.
- 15 Proper shoes must be worn during practice and performance.
- 16 Jewelry of any kind is prohibited. Jewelry must be removed and may not be taped over. (Exception: Medical ID tags/bracelets and equipment.
- 17 No assisted tumbling or "spotting" is allowed.
- 18 Coaches, parents, spectators or any other adult is not permitted on the performance surface while the squad is performing.
- 19 Flash and video photograph is permitted.

### Dance

- 1 General Rules Above apply.
- 2 Dance Rules follow the USASF safety guidelines. Visit [www.usasf.net](http://www.usasf.net)
- 3 Any team proven to be in violation of the age restrictions will be automatically disqualified from the event.
- 4 Jewelry as a part of a costume is permitted.

**Questions about any rules or questionable skills should be questioned and resolved before the performance of your team.**

"Great athletes come from great leaders!"